May 16th - 28th 2015

"Sacred Journey of the Condor and the Crane - Entering the Cosmic Spiral"

with Traditional Curandero Jhaimy Alvarez-Acosta and special guest Angela Prider, Shamanic Healer and Teacher

Join us for this once-in-a-lifetime magical journey to the Andes of Peru as part of our two-year weaving and cultural exchange between the ancient wisdom teachings of Peru and Ireland. The Spirit of these two kindred power spots on the planet have guided us to bring together long-standing friends and co-facilitators Jhaimy Alvarez-Acosta and Angela Prider to guide those who wish to deepen their understanding of complimentary spiritual ways and medicines, open the doorways to ancestral healing, and experience the mystical awakening that comes with pilgrimage to sacred landscape.

In 2015 we will be traveling to the Andes of Peru, and in 2016 we will compliment the teachings and deepen our medicine with a Sacred Journey to Ireland.

Flying together first as the Condor and connecting to the Spirit of Transformation and Liberation we will visit and experience ceremony with the ancient Apus/Mountain Spirits of the Andes and Sacred temples where we will deepen the teachings of the balance between masculine and feminine energies as well as the harmonization of parity/partnership in our individual lives and in partnership.

The following Spring 2016, we will then fly as the Crane into the mists of the ancient triple spiral of Celtic medicine. Here we will travel to sacred springs and wells, share ceremony in ancient cairns and experience the medicine of the luminous earthkeepers know as An Sidhe.

Throughout each journey, we will share in the complimentary medicines, mythologies, sacred landscapes, and cultural arts such as visiting the weavers in both countries.

More about your your guides and teachers:

Jhaimy Alvarez-Acosta is a respected Traditional Curandero (Healer) and spiritual guide from Cusco, Peru who has been trained and initiated in the wisdom teachings of the Northern region of Peru, home to the ancient lineage of the Sacred Plant medicine known as Wachuma or San Pedrito. Jhaimy began his initiation onto this path at a young age and has apprenticed with Master Teachers in the Alchemical mystery teachings of transformation and transmutation.

As a keeper of Ancient Wisdom he has been invited to share his knowledge and lead ceremonies at conferences, workshops and specialized tours throughout Peru, Bolivia, Chile and Brazil and most recently Spain and Sweden.
He holds a degree in Tourism from La Universidad Andina del Cusco, is the Founder of Traditional Andean Medicine Tours in Peru and has presented lectures and public talks at Trent University as an invited guest of the Indigenous Studies Department. He is a regular featured guest speaker in events across Canada and Europe as part of the Andean Wisdom Teachings Series through Children of the Seven Rays and is best known for his heart-centered and humble approach to healing and spirituality.

Today, Jhaimy continues to be committed to the SERVICE OF LOVE and through ceremony, ritual and healing practices he supports people in moving past their limitations in order to liberate and connect with their heart and their purpose. www.childrenofthe7rays.com

Angela Prider is a celebrated shamanic healer, artist, and medicine carrier, whose gifts of working with Spirit, have been strengthened over the last 20 years through a combination of practice and extensive training. In addition to her academic studies in psychology, counseling, and somatic therapy, Angela has had the privilege of undergoing initiation and training with medicine and wisdom keepers from the lineages of her native Irish, as well as the Toltec, Peruvian, Northern European, Siksika/Sauk Blackfeet, and Australian Aboriginal traditions. Her medicine way is a unique global weaving that reflects and responds to our current world.

Prior to going into private practice in 2007, Angela worked for over ten years as a counsellor treating issues related to substance abuse and trauma. In her current healing work she brings together the ancient and the cutting edge, synthesizing shamanic healing, soul singing, and ceremony with psycho-neurological somatic therapy. She specializes in the areas of anxiety, PTSD, addictions, and grief, and also provides integration counseling for those who have experienced peak spiritual processes, and plant spirit ceremony.

As Wisdom Keeper of the White Bone Shamanic Arts, a path of ancient Celtic and pre-Celtic spiritual development, and trans-cultural shamanic technologies, Angela is best known for her lyrical teaching and her loving, harmonizing presence. Her commitment is to reverently midwife people from surface-dwelling life to the rich, fertile landscape of their Soul.

Angela has presented her work and led ceremonies and workshops at a number of gatherings including the BC Residential Shamanic Conference, and the 20th Annual Canadian Society of Addiction Medicine Scientific Conference. www.westcoastshamanic.com

Itinerary - subject to change
DAY 1 (May 16th): Morning flight from Lima to Cusco (approximately 1 hour travel time). Jhaimy will pick you up at the airport in Cusco and take you to check-in to the hotel where you will have the afternoon to rest and acclimate to the altitude. There will be a light dinner and orientation together in the evening with the other participants on the journey. Overnight in Cusco.

DAY 2: During the day we will visit the sacred sites in Cusco and the surrounding areas including Coricancha (centre of the spiral) Sacsayhuaman (connected to the energy of the Puma and the labyrinths of the mind) as well as other historical, cultural and spiritually significant sites. Overnight in Cusco.
DAY 3: Travel by private bus to the Sacred Valley and visit the Pisac temples and Pisac market where we will be working with the energy of the Condor - of liberation and visioning in our lives. We will also visit the abundant local market to experience beautiful handicrafts, weavings, crystals and sacred healing tools. There will be a traditional Andean Despacho ceremony and offering in the evening which will include wisdom teachings connected to the Andean Cosmo-Vision and a fireside healing ceremony in support of our healing and setting our intentions for the journey ahead. There will also be the opportunity to learn of the complimentary teachings of the Crane (Ireland) which Angela will weave through the evening alongside Jhaimy. Overnight in the Sacred Valley.

DAY 4: Visit Ollantaytambo site connected to the Tree of life and the llama which will connect us to working with the teachings of the four elements and being “in the service of love.” There will be time to also visit a ceramics/pottery/artisan collective in Urubamba to see how traditional art-forms are carefully and lovingly being preserved. Overnight in Sacred Valley.

DAY 5: Today we will travel to Machu Picchu by train (approximately 2.5 hours). We will have the afternoon free to explore the town of Aguas Calientes and markets. Optional personal healing sessions are available this afternoon with Jhaimy and Angela as well as traditional coca-leaf readings. There will also be the option of visiting the hot springs in the evening as a group. Overnight in Aguas Calientes.

DAY 6: Early morning shuttle bus to welcome the new day at Machu Picchu with a guided meditation and connection to the sacredness of this majestic temple. This will be followed by a full-day at this sacred site where we will visit the temples, learn of the ancient history of this mystical city and connect with the powerful energy of the Apus (Mountain spirits) through personal meditation and reflection. Overnight in Aguas Calientes.

DAY 7: Early morning return train to Ollantaytambo and return travel to Cusco via the Sacred Valley. We will visit the community of Chinchero and their incredible weaving collective and then travel back to Cusco. Evening is free with optional evening cultural dance performance. Overnight in Cusco.

DAY 8: Morning is free to rest and prepare for the next part of our journey. In the afternoon Angela will lead a workshop focused on weaving our Ancestral Medicines. Overnight in Cusco.

DAY 9: Early morning travel to Raatchi and the Wiracocha temple. Visit with local community and learn of current projects & initiatives. Overnight camping in the magical valley of Tinanjani as connected to the Akashic records on the planet. Participate in sacred ceremony and wisdom teachings around the fire as we connect with the stars and our origins under the beautiful Southern Sky. Please note that for this one night we will be camping in tents with sleeping bags and mattresses.

DAY 10: Travel to Puno by day and have the afternoon/ evening to rest and integrate from the ceremony the night before. Preparation of the Coracle Ceremony that we will offer to the Lake the next day. Overnight in Puno.
DAY 11: Visit Los Uros Islands - the floating Islands. Spend time learning about the construction of these islands, learn about the community that has lived there for thousands of years and the wisdom teachings and creation stories from the Lake Titicaca area including the energetic solar-disk believed to be located in the centre of the lake.

We will also complete the Coracle Ceremony and Offering - The coracle is a small, woven round boat used for centuries in western Europe and parts of Asia. As we come to the conclusion of our time together in Peru, we will co-create a coracle, weaving in our prayers, blessings, intentions and love. As an offering to the waters, we will gift our gratitude to the Ancestors of Peru, send our love and blessings through Mamacocha to the land of Ireland, and place our intentions for returning home and integration into the river of life. Overnight in Puno.

DAY 12: Closing ceremony at the Aramu Muru energetic gateway. Working with the energy of the serpent of light and of transformation, transmutation and the Alchemical teachings as well as integration and connection to Heaven/Earth, the Cosmos and MamaPacha. Celebration dinner together. Overnight in Puno.

Day 13 (May 28th): Return flight from Juliaca to Lima to connect with International flights.

Costs for Sacred Journey to Peru
• Regular rate $3950 USD per person
• Early-bird rate before January 15th $3700USD per person
• $1000 USD non-refundable deposit is required to hold your space for this journey. Space is limited to a maximum of 20 participants.
• Individual payment plans are available for balance (due in full before May 1st 2015)

For more info or to register contact Starr at: info@childrenofthe7rays.com or phone + 778-279-7234

COSTS INCLUDE:
• All accommodations (based on double-occupancy) *minimum 3 star hotels + one night of camping in Tinajani
• All private ground transportation upon arrival to Cusco
• Breakfast at hotels for all days
• 1 lunch (buffet lunch at Machu Picchu) and 1 welcome dinner upon arrival
• Entrance fees to all sacred sites
• Tourist Card for entrance to all Sacred Valley and Cusco sites
• Entrance fee to Machu Picchu
• Shuttle bus to Machu Picchu
• Return train fare for Machu Picchu
• Buffet lunch at Machu Picchu
• Entrance to Aguas Calientes (hot springs) at Machu Picchu
• All sacred ceremonies and wisdom teachings with Jhaimy & Angela
• Group healing circles with Jhaimy & Angela
• All gratuities for tour services (i.e. hotel, transportation, etc…)
• Personal spiritual guides and teachers, Jhaimy Alvarez-Acosta and Angela Prider
• Personal coordinator Starr Muranko to assist with all pre-trip coordination and assistance while in Peru by Anghela Abril
• Contribution to community-based projects and the building of the Healing & Education Center in the Andes of Peru
COSTS DO NOT INCLUDE:

- International airfare from/to Lima, Peru
- Domestic flights in Peru *see options below*
- Tips/gratuities for your guide
- Lunches and dinners that are not listed above
- Travel/medical insurance (required)
- Additional add-on's of personal healing sessions & readings with Jhaimy or Angela
- Additional add-on of single room supplement ($600USD per person upon request)

Optional add-ons available:

**Personal healing session with Jhaimy Alvarez-Acosta (Integration of Mind, Body & Spirit)**
Experience ancient Andean techniques used for cleansing, healing and re-balancing the subtle energies through the integration of the subconscious and conscious minds. This integration will support you to experience freedom from limitations or past traumas, and the opening of an alignment of mind, body and spirit.

Healing sessions with Jhaimy are intended to bring about a deeper connection with your heart, so that you can live more fully in the present moment. Each session consists of a personal consultation followed by integrated body and energy work, which is tailored to each individual in support of your personal healing journey.

Duration: 1 hour 15 minutes  *Special offer of $100 for those on those journey* (regular $160)

**Traditional coca-leaf intuitive reading with Jhaimy Alvarez-Acosta**
An unique opportunity to experience a powerful tool that has been used in the Andes since time immemorial as a way to give guidance and insight into aspects of ones life including areas of family, heath, work and purpose/direction on their path. Duration: 30 minutes  *Special offer of $40 (regular $55)

**Personal healing session with Angela Prider**
Healing sessions with Angela allow you time for deep, active rest as she works with Spirit to cleanse and harmonize your luminous body, clear pathways to your heart, and work in your mythological world.

Sessions begin with consultation, followed by healing which will include soul singing to align, awaken, soothe, or transmute, and may also include tobacco clearing, soul retrieval, ancestral healing, sacred word medicine and blessings. Your time will conclude with a recorded medicine story and directions for you to continue to integrate the work into your life.

Duration: 1 hour 15 minutes  *Special offer of $100 for those on those journey* (regular $160)

**Traditional Irish Frith Divination with Angela Prider**
An ancient Irish divination ceremony of receiving and reading signs in Nature. The process of Frithing the Airts was passed to Angela from her ancestors and is a unique reading which comes directly from signs and symbols of the land, animals, and weather, in conjunction with the Great Spiral of the four winds and four doorways. Upon conclusion of the reading, you will receive Sacred Word Medicine by way of poem, or prayer so you can continue to work with the divinatory wisdom.

Duration: 45 minutes  *Special offer of $65 (regular $80)